

WHY IS MY HAIR FALLING OUT?

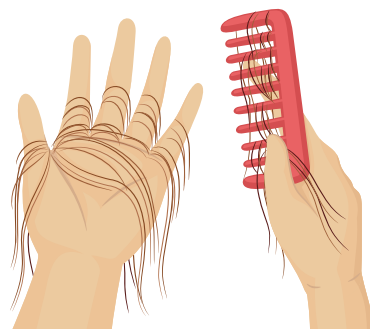
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CLINIC

C H E C K L I S T

- I have been diagnosed with a hair loss condition before such as androgenetic alopecia, alopecia areata, and/or alopecia totalis.
- I recently got a cancer treatment such as chemotherapy or radiation therapy.
- I have a recurring and compulsive urge to pull out with my own hair. (Trichotillomania)
- I experienced severe infection and inflammation on my scalp. (Tinea Capitis)
- I have been diagnosed with an autoimmune disease.
- I usually experience seasonal hair loss.
- I recently experienced extreme and sudden weight loss. (Nutrition Deficiency)
- I usually prefer tight and hair-pulling hairstyles. (Traction Alopecia)
- Several people in my close family have experienced hair loss. (Genetic Factors)
- I frequently partake in smoking and drinking alcohol.
- I have been diagnosed with PCOS. (Polycystic Ovary Syndrome)
- I have recently given birth. (Postpartum)

The Early Signs of Hair Loss:

- Increased shedding.
- Receding hairline.
- Thinning on the top of head.
- Wide parting.
- Bald patches in hair.
- Itchy scalp.
- Changes in hair texture.



Note

This is a checklist for you to mark if you experience any of the points stated. Feel free to reach out for your consultation at our clinic.

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